

# AFMRD Discussion Forum Options

In the footer of each discussion forum posting you receive, you will find a variety of options.

**NEW!** You may respond to an individual rather than the entire list.

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Site Links: [View post online](#) [View mailing list online](#) [Start new thread via email](#) [Unsubscribe from this mailing list](#) [Manage your subscription](#)

Each discussion post can be viewed online as well as via email.

This is a great way to view all discussions, grouped by topic threads, online.

Please be sure to start a new thread if you are changing the topic.

Even if you choose to unsubscribe from email notifications, you can always view discussions online.

Click to choose from the email options below...

The screenshot shows a window titled "Edit Subscription" with a close button (X) in the top right corner. On the left, there is a label "Select Subscription Type" and a note "This option will send you". A dropdown menu is open, displaying a list of subscription options: "Immediate Email" (highlighted in blue), "Immediate Digest with links", "Summary Digest", "Full Digest with attachments", "Full Digest with links", and "Immediate Email on Thread Creation". At the bottom of the dropdown, there are "OK" and "Cancel" buttons.

Another way to manage discussion forum emails is to create an AFMRD folder in your email client and create a "rule" that will automatically send all emails coming from [members@lists.afmr.org](mailto:members@lists.afmr.org) into this folder. You can then read them at your leisure.